

Adventure 212° Fitness

Group Exercise Instructor Job Description

Job Title: Group Exercise Instructor	Department: Group Fitness
Reports To: Fitness Operations Team Leader	Status: Hourly, Non-Exempt, Part or Full-Time

JOB SUMMARY

A Group Exercise Instructor will be responsible for developing and instructing a motivating, safe, fun exercise class consisting of a warm-up, conditioning phase, and cool-down.

ESSENTIAL DUTIES AND RESPONSIBILITIES

- Show up at least 10 minutes prior to class and stay 10 minutes after class to address clients questions and build rapport
- Instruction of specific class
- Begin and end class on time
- Attend a mandatory staff meeting one day each month
- Accurately record class participation numbers
- Ensure that any used equipment is picked up, put away and stereo/video equipment is turned off
- Submit time sheet by **9am** on payroll day to site manager
- Identify the behaviors that are critical to the success of this account, and then lead by example.
- Dress professionally, according to the Adventure 212° Fitness dress code standards
- Be an advocate for the club at ALL times.

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES

- Must be highly motivated
- Professional and enthusiastic attitude.
- Proven ability to provide high quality customer service.
- Proven ability to work independently.

REQUIRED EDUCATION, CERTIFICATIONS AND EXPERIENCE

- One or more years teaching experience a benefit, but will train.
- Professional certification (ACSM, ACE, or similar)
- CPR and First Aid Certification.
- Certified in field of Specialty (Yoga, Pilates, Pre-Natal)

This job description is not intended to be all-inclusive. It is understood that the employee will also perform reasonable, related duties if requested by immediate supervisor or other management staff.

Employee Signature/Date

Supervisor Signature/Date